



## **NATURAL MEDICINE PRACTITIONER CERTIFICATION SERIES**

A year-long, hands on, experiential Holistic training  
by Naturopath and Master Clinical Herbalist Mary  
Light ND MH LMT

**HERBAL MEDICINE**

**HYDROTHERAPY/THERMOTHERAPY**

**HEALING DIETS**

**HOME MASSAGE METHODS**

**CASE HISTORY EVALUATION**

**ALTERNATIVES TO MEDS**

**VITAL SIGNS CHARTING**

**NATUROPATHIC ASSESSMENT METHODS**

**NERVOUS SYSTEM BALANCING**

[https://www.instagram.com/annarbor\\_school\\_massage\\_herbal/](https://www.instagram.com/annarbor_school_massage_herbal/)

\$3,200 tuition. Enter with a \$500.00 deposit. The remaining balance may be paid in two payments. 5% discount to pay all upfront. Enrollment deadline August 30. \$50.00 application fee. Through August 2026. Schedule a few 2 day and mostly 1 day , 940-430 class gatherings. Saturday, some Sunday

CALL FOR APPLICATION – 734-769-7794. Early/advanced registration is necessary for this series. Welcoming questions and meeting. Location: W. Liberty road west of Wagner



***MARY LIGHT** is a practicing naturopath and clinical herbalist with training from School of Natural Medicine, Boulder CO; Florida Institute of Natural Health; Ethnobotanical travel to 13 countries, college nutrition and food science, and various certification programs over the past 25 years. She founded and directed ANN ARBOR SCHOOL OF MASSAGE, HERBAL AND NATURAL MEDICINE in 2009 – re-imagining it in 2024 to focus on natural medicine and herbal medicine practice and education.*

**Gain practical, applicable methods of traditional naturopathy, to form a foundational background to integrate natural medicine treatments and principles into daily and professional life. Discover why “conventional medicine” does not heal - and how to safely integrate natural medicine. In each class, topics and experiences of traditional natural medicine are introduced, demonstrated, and practiced, with immediate benefits.**