



## **ANNUAL HERBAL MEDICINE CERTIFICATE SERIES! WITH Mary Light ND MH LMT**

This is a wisdom packed series, to teach you **herbal medicine use, creation, and hands-on practice**, from a foundation of natural medicine. So many more people really want to learn and understand herbal and natural medicine use, and that is exactly what we do- in a fun, harmonious, practical way.

### **SOME AREAS OF STUDY AND HANDS- ON FOCUS**

- ~ **Medicine Making**- I teach you exactly how to make herbal medicines, which is a skill for life, and in so doing you will be able to save thousands of dollars, while building an apothecary to serve your own needs and that of others. Medicine Making skills have also led to a graduates ability to make and sell their own creations online or in a store!
- ~ **The Actual Actions of Herbs on the Body systems** - You will learn how herbs, with their various constituents and nutrients, act to support, heal, nourish and build body tissues. This wisdom will help you know to make substitutions for herbs when necessary or desired.
- ~ **HEALING THEORY** - What is the underlying reason herbs heal? This level of knowledge helps you avoid scams, explain healing to others who ask, and integrate with natural medicine pathways such as diet, nutrition, movement, bodywork, and hydrotherapy.
- ~ **APOTHECARY MANAGEMENT** – as you desire, we guide our students into building a simple apothecary with the skills for quality and safety to manage as it grows.
- ~ **FIELD IDENTIFICATION OUTDOORS** – we will have opportunities to venture into growing areas to learn about habitats, quality plant growth, harvest techniques, and ethics.
- ~ **MORE** - “more “ is that synergy that comes with in person group hands on training, as we exchange challenges, information, healing stories, and outcomes for using herbs and natural health methods with self and family. Open communication, questions, sharing a pot luck on occasion, trying formulas together, helping each other harvest- all a part of it.



There is a deadline of Mid December to register and hold a space! **BEGINS JANUARY 17.** It is necessary to register in advance for this series.

**COST \$1,750.00 with a 500\$ deposit to enter, and hold your space!**  
**Register early is encouraged! Change your life for the better and forever with this historical and timely knowledge. ONE SATURDAY A MONTH, THIRD SATURDAY 915-4 THROUGH July. There will be offerings of additional electives that students may wish to add on for fall 2026!**

**[www.naturopathicschoolofannarbor.net](http://www.naturopathicschoolofannarbor.net) 734-769-7794**